

God's Man Is Disciplined: Making the Best Use of HIS Time

Re:Man Men's Conference | Breakout Session | February 7, 2015

Eph. 5:15-17.

- Busyness is not always bad

I.) Don't Be A Fool

- A. He doesn't pay close attention to how he walks
- B. He is not making the BEST use of the time
- C. He doesn't recognize the days are evil

Donald Whitney "If we do not discipline our use of time for the purpose of godliness in these evil days, these evil days will keep us from becoming Godly."

II.) Prioritize Your Soul

- A. Busyness

Luke 8:4-14.

Kevin DeYoung: "Busyness kills more Christians than bullets. How many sermons are stripped of their power by lavish dinner preparations and professional football? How many moments of pain are wasted because we never sat still enough to learn from them? How many times of private and family worship have been crowded out by soccer and school projects? We need to guard our hearts. The seed of God's Word won't grow to fruitfulness without pruning for rest, quiet, and calm."

Urgent vs. Important

Kevin DeYoung: "Jesus knew the difference between urgent and important. He understood that all the good things he could do were not necessarily the things he ought to do."

Matt Perman: "If we don't give attention to the discipline of personal effectiveness but instead let the flow of events determine what we do, we will likely fritter ourselves away doing all sorts of urgent things that come our way while never getting to the truly important things."

God's Man Is Disciplined: Making the Best Use of HIS Time

Re:Man Men's Conference | Breakout Session | February 7, 2015

B. Idleness

Derek Kidner: "He does not commit himself to a refusal, but deceives himself by the smallness of his surrenders. So by inches and minutes, his opportunity slips away."

Matt Perman: "It doesn't matter how efficient you are if you're doing the wrong things in the first place . . . Productivity is not first about getting more things done faster. It's about getting the right things done."

III.) Identity Your Role

Example of Role Prioritization:

1. Husband/Wife
2. Father/Mother
3. Church Member/Leader
4. Employee/Employer
5. Son/Daughter/Sibling

When a role and responsibility further down on the list inhibits, takes away from, compromises or diminishes your ability to fulfill the role or responsibility further up on the list, then doing so is NOT making the best of your time.

IV.) Pursue Productivity

- A. Communication
- B. Calendar
- C. To-Do lists (per David Allen)

Conclusion

Wise stewardship of life and time means we are constantly identifying what's most important.