



Watch the Bible story video or read all or parts of **Exodus 16–17** from the Bible.



Did you know the Guinness World Records book has records for foods? For instance, the largest chocolate peanut butter cup is more than 440 pounds. The longest rolled fruit snack was as long as a football field at 300 feet long. In 2011, the largest hamburger for sale was created in California and weighed 777 pounds. Here's the catch: Guinness World Record rules state that the food created for any world record cannot be thrown out and must be eaten by the public. Can you imagine trying to eat that much food?

When the Israelites crossed the Red Sea, they started complaining to Moses because they had nothing to eat and nothing to drink. They probably would have loved to have a bite of that 777-pound hamburger, wouldn't they? But God gave them something greater than a hamburger. God heard their cries, so He gave the Israelites quail every evening and manna every morning.

Manna was a special bread that symbolized God's faithfulness to meet the needs of His people. God gave the Israelites instructions for when to collect the manna and how much to eat. God provided this flaky bread every morning for 40 years. That equals out to more than 7,000 gallons of manna per person. Now that should be in the Guinness Book of World Records.

God provided water and manna for His people's physical hunger. Later, He provided His Son, Jesus, for our spiritual hunger. The Israelites needed bread to live for a little while, but whoever has Jesus will live forever.

Pray: God, You are faithful to meet our needs. You knew that our greatest need was to be rescued from sin. You sent Jesus from heaven to meet our needs and to give eternal life to everyone who believes in Him.



The key passage below is focused on at church. Consider talking about what this passage means and memorizing it as well.



Come, let's worship and bow down; let's kneel before the LORD our Maker. For he is our God, and we are the people of his pasture, the sheep under his care.

Psalm 95:6-7



Finish your family worship experience by playing the Key Passage song to worship and as a further way to memorize Scripture.